

# ProgressNotes

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## Medical Executive Committee Approvals

Items approved at the last Medical Executive Committee meeting can be viewed by using this website link and selecting the particular month: [http://www.torrancememorial.org/For Physicians/Medical Staff/MEC Approval.aspx](http://www.torrancememorial.org/For_Physicians/Medical_Staff/MEC_Approval.aspx) .

If you have any questions, please contact the Medical Staff Services Department at (310) 517-4616.



# Clinical Informatics

**Reminder \*\*\*ePrescribing required January 1<sup>st</sup>, get set up in Med Staff Office\*\*\***

Hello all,

As your Executive Director of Medical Informatics, I am your physician liaison to all things Cerner Millennium. With an experienced team of informaticists and service specialists supporting me, we are available to assist you with questions or ideas regarding use of the electronic medical record across both the acute and ambulatory locations of the Torrance Memorial Health System.

Today we would like to discuss correct ordering of inpatient lab blood specimen tests. Timing of the blood draw revolves around Collection Priority:

The screenshot shows a laboratory order form in Cerner Millennium. The order is for a 'CBC with Auto Differential' test. The specimen type is 'Blood'. The collection date and time are '01/13/2017 04:15 PST'. The collection priority dropdown menu is open, showing the following options: 'AM Morning' (selected and highlighted in blue), 'Discharge Pending', 'ED STAT', 'Routine', 'Stat', and 'Time Collect'. The 'AM Morning' option is enclosed in a red box.

- 1. AM Morning:** Lab will be drawn next calendar day, in the morning.  
**Important:** If you use AM Morning after Midnight, it will NOT be drawn that morning, but the next calendar day, in the morning.
- 2. Discharge Pending:** Indicates to the Lab that lab needs to be drawn ASAP.  
STAT and Time Collect take priority over Discharge Pending.
- 3. ED STAT:** Used only in the Emergency Department for STAT orders. Labs default to ED STAT if they are ordered on non-admitted Emergency patients (Patients that have not rolled over to EDIP).
- 4. Routine:** For one time only labs. This specimen will be drawn throughout the day or evening, but before midnight. It generally will be drawn during the same phlebotomy shift on which it was ordered. Phlebotomy will look for other orders such as STAT or TC and may group it with the same draw time.  
**Important:** Cannot be ordered with a Frequency or Duration.

# Clinical Informatics

**5. Stat:** For one time only labs. Lab will be drawn within the next 30 minutes.

**Important:** Cannot be ordered with a Frequency or Duration.

**6. Time Collect:** Lab(s) will be drawn at the time(s) you indicate. Around the clock if ordered with a frequency.

**Important:** If you need the lab drawn within the hour, don't use Time Collect. Please order the lab Stat. If you are ordering a series starting within the hour, order the first lab Stat then use Time Collect to order the remainder if a series of labs is needed.

## Frequency/Duration:

**Frequency:** For labs that allow frequencies (AM Morning, Time Collect) use this detail to document frequencies such as: daily, q6hrs, q2hrs, etc.

**Duration:** Indicates how long a frequency should be carried out using the two fields together (Duration & Duration Unit) document how many times a lab with a frequency should be drawn. Example: 3 dose(s)/time(s), 2 Day(s), 8 hour(s).

Tips from our phlebotomists:

If you need to order a test for the morning but it is between the hours of midnight and 3:30 am, you can order a Time Collect for 4:15 am.

When a patient comes from the ED, orders will likely be written as STAT and 1 time only. Admitting physicians should pay attention to the ordering priority to ensure they receive the result they are looking for.

Any questions? Please don't hesitate to ask our friendly phlebotomists. They are circulating the hospital 24/7 and can help you get the correct order so you get the results you want.

As always, you can contact myself or the Clinical Informatics department for any questions. We will be happy to give you a one on one refresher or answer as many questions as you have.

**Gina Sulmeyer, M.D.** [ginaL.sulmeyer@tmmc.com](mailto:ginaL.sulmeyer@tmmc.com)

**Clinical Informatics x44988**

# Diabetes Awareness Month

## Diabetes Awareness Month - November

Here are some tips to help manage and/or prevent diabetes.

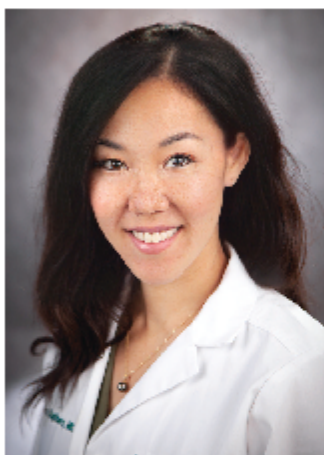
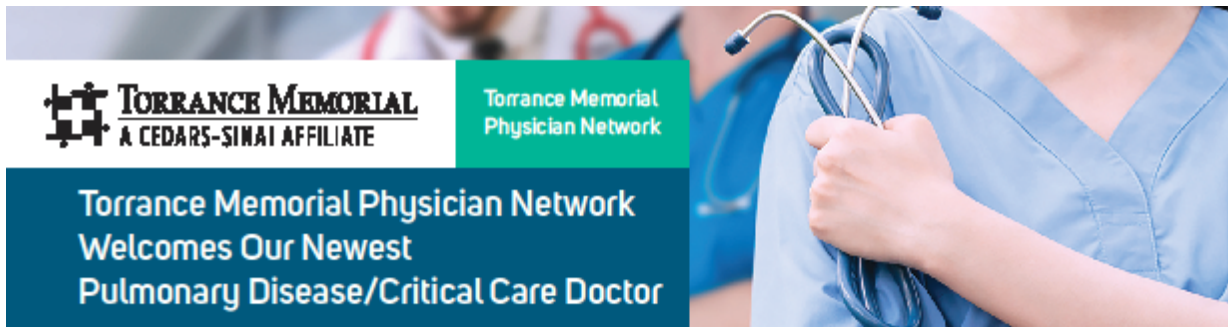
- **Take small steps.** Make changes to your lifestyle and daily habits, slowly! It is okay to start small.
- **Move more.** Limit time spent sitting and try to get at least 30 minutes of physical activity, 5 days a week. It is okay to start slow.
- **Choose healthier foods and drinks most of the time.** Pick foods that are high in fiber and low in fat and sugar.
- **Drink water** instead of sweetened drinks.
- **Lose weight, track it, and keep it off.** You may be able to prevent or delay diabetes by losing 5 to 7 percent of your starting weight.
- **Seek support.** Make a plan, track your progress, enroll a professional, family member, and/or friend to help and encourage.
- **Stay up to date on vaccinations.** The COVID-19 (booster shot, if eligible) and flu vaccines are especially important for people who may be more likely to get very sick from COVID-19 or the flu, such as people with diabetes.

### Outpatient Diabetes Education

310 – 891-6707



# Welcoming our new TMPN Physicians



## Jamie Kagihara, MD

Dr. Jamie Kagihara is triple Board Certified in Internal Medicine, Pulmonology, and Critical Care. She completed her Pulmonary and Critical Care Fellowship at the University of Southern California where she pursued her interests in mycobacterial and interstitial lung disease. Dr. Kagihara was born and raised in Honolulu, Hawaii and achieved her medical degree at the John A. Burns School of Medicine. She went on to complete her Internal Medicine residency at the University of Hawaii, Manoa where she was recognized as resident of the year.

An American san-sei (third generation), Dr. Kagihara is conversant in Japanese. She prides herself on her bedside manner, attention to detail, and strives to care for patients as she would her family.

Dr. Kagihara comes from a lineage of physicians. Her father is an internist and her two younger sisters specialize in hematology & oncology and gastroenterology. A mother to two boys, Dr. Kagihara and her husband enjoy traveling, frequenting Disneyland, and visiting the Aquarium of the Pacific.

### Jamie Kagihara, MD Pulmonary Disease/Critical Care



**Primary Office:**  
2841 Lomita Blvd.  
Suite 235  
Torrance, CA 90505



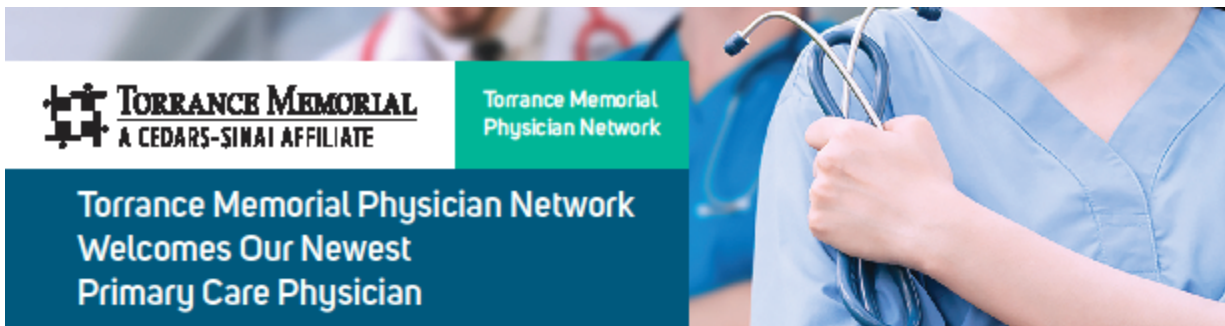
**Phone:** 310-517-8950  
**Fax:** 310-326-6054




For more information  
or to find a physician,  
please visit our website:  
[TMPPhysicianNetwork.org](http://TMPPhysicianNetwork.org)





# Welcoming our new TMPN Physicians



**Betty Lo, MD**  
Family Medicine

 **Primary Office:**  
3701 Skypark Drive, Suite 100  
Torrance, CA 90505

 **Phone:** 310-378-2234  
**Fax:** 310-378-9795

 For more information  
or to find a physician,  
please visit our website:  
[TMPPhysicianNetwork.org](http://TMPPhysicianNetwork.org)

## Betty Lo, MD

Dr. Betty Lo is a board certified family medicine physician who has been in practice since 2014. She received her medical degree from Peking Union Medical College, and completed residency training at the University of Chicago. After graduation from residency, she continued to practice in Chicago, caring for patients in both clinic and hospital settings.

Dr. Lo is passionate about family medicine and believes in an integrative approach to patient care. She is a strong patient advocate, supporting a model of shared decision making with her patients. Dr. Lo loves caring for patients of all ages, and places an emphasis on preventative care. She partners with her patients to create sustainable modifications for a healthy lifestyle.

Having grown up in California, Dr. Lo is excited to be back on the West Coast and closer to her extended family. In her free time, she enjoys spending time with her husband and daughter. She loves the outdoors, playing tennis, staying active, and cooking healthy meals – she practices what she preaches!

Additional languages spoken: Mandarin



# Welcoming our new TMPN Physicians

TMPN\_NEW\_BioFlyer\_Moghadam.qxp\_TMPN\_NEW\_BioFlyer 6/18/21 4:48 PM Page 1



Torrance Memorial  
Physician Network

Torrance Memorial Physician Network  
Welcomes Our Newest  
Primary Care Physician



## Nima Moghadam, MD

Dr. Nima Moghadam is an internal medicine physician with extensive clinical and research experience.

He completed his undergraduate degree at University of California, Irvine and received his medical degree from Ross University School of Medicine. He then went on to complete his internal medicine residency at SUNY Downstate Medical Center. Before beginning his clinical training, Dr. Moghadam was heavily involved in Cancer and Hepatobiliary research at UCLA Jonsson Comprehensive Cancer Center and Pfleger Liver Institute.

Dr. Moghadam is committed to providing quality primary care to his patients. He finds helping his patients and building a relationship with them very rewarding. He puts maintaining a healthy mind and body as the foundation for good health.

Born and raised in the South Bay, he couldn't be happier to be back home in Palos Verdes. He enjoys playing basketball, soccer, swimming and spending time with his family.

Additional languages spoken: Farsi.

### Nima Moghadam, MD Internal Medicine



**Primary Office:**

3701 Skypark Drive  
Suite 100  
Torrance, CA 90505



**Phone:** 310-378-2234

**Fax:** 310-378-9795



For more information  
or to find a physician,  
please visit our website:

[TMPPhysicianNetwork.org](http://TMPPhysicianNetwork.org)



## Medical Staff Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
29	30	1 7:00a CV Review Conference	2 7:00a Breast Tumor Board 7:45a General Tumor Board 12:30p Medical Staff PI 12:30p Medicine PI	3 7:00a Thoracic Tumor Board 7:00a Surgery Department 7:30a IRB Committee
6	7 12:30p Donor & Transfusion	8 7:00a CV Review Conference	9 8:00a GI Tumor Board	10 7:00a Thoracic Tumor Board 12:00p Neurovascular Conference
13 12:30p Credentials	14 6:00p Medical Executive Committee	15 7:00a CV Review Conference	16 7:00a Breast Tumor Board 7:45a CNS Tumor Board 12:30 Stroke Committee	17 7:00a Thoracic Tumor Board
20	21	22 7:00a CV Review Conference	23 7:00a Breast Tumor Board 7:45a GI Tumor Board	24 7:00a Thoracic Tumor Board
27	28	29 7:00a CV Review Conference	30 7:00a Breast Tumor Board 7:45a General Tumor Board	31 7:00a Thoracic Tumor Board

## CME CONFERENCES



**Wednesdays, 12:30 p.m.**  
**Hoffman Health Conference Center**

Torrance Memorial Medical Center is accredited by the Institute for Medical Quality/California Medical Association (IMQ/CMA) to provide continuing medical education for physicians.

Torrance Memorial Medical Center designates this live activity for a maximum of 1 *AMA PRA Category I Credit*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

For up-to-the-minute conference information call (310) 784-8776 or visit: [http://www.torrancememorial.org/For\\_Physicians/Wednesday\\_CME\\_Conferences.aspx](http://www.torrancememorial.org/For_Physicians/Wednesday_CME_Conferences.aspx)

**December 1, 2021**  
 NO CONFERENCE

**December 8, 2021**  
 NO CONFERENCE

**December 15, 2021**  
*Geriatric Polypharmacy*  
 Sean Nordt, M.D., Pharm.D.,  
 DABAT, FAACT, FAAEM, FACMT  
 UCSD  
 Commercial Support: None

**December 22, 2021**  
 NO CONFERENCE

**December 29, 2021**  
 NO CONFERENCE

**January 6, 2021**  
 NO CONFERENCE

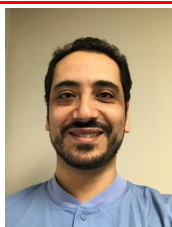
**January 13, 2021**  
 TO BE DETERMINED

**January 20, 2021**  
 NO CONFERENCE

**January 27, 2021**  
 TO BE DETERMINED



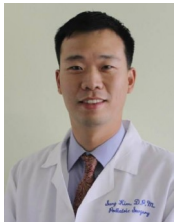
## Welcome New Practitioners



Stephen M. Eskaros, M.D.  
Medicine  
2841 Lomita Blvd. Ste 235  
Torrance, CA 90505  
Phone: (310) 517-8950  
Fax: (310) 326-6054



Antoaneta Mueller, M.D.  
OB GYN  
3340 Lomita Blvd. Suite 346  
Torrance, CA 90505  
Phone: (310) 325-1198  
Fax: (310) 325-1699



Sang Y. Kim, D.P.M.  
Surgery  
Southern California Foot and Ankle Center  
3400 Lomita Blvd. Suite 305  
Torrance, CA 90505  
Phone: (424) 305-4417  
Fax: (562) 249-8443



Juan L. Rendon, M.D.  
Association of South Bay Plastic Surgeons Medical  
Group, Inc  
3640 Lomita Blvd., Ste 306  
Torrance, CA 90505  
Phone: (310) 784-0644  
Fax: (310) 784-0544



Eileen A. Liljeblad, M.D.  
Radiology  
Advanced TeleRadiology  
6789 Quail Hill Parkway 728  
Irvine, CA 92603  
Phone: (888) 225-0628  
Fax: (888) 225-1271



Aisha W. Shaheen, M.D.  
Medicine  
Benchmark  
898 N. Pacific Coast Hwy Ste 600  
El Segundo, CA 90245  
Phone: (310) 698-5485  
Fax: (310) 379-4856



John T. Brothers, D.D.S.  
Surgery  
South Bay Oral Surgery and Implants  
3771 W. 242nd St. Suite 102  
Torrance, CA 90505  
Phone: (310) 373-7773  
Fax: (310) 373-7771



Andrew R. Brownlee, M.D.  
Surgery  
Cedars-Sinai Medical Center, Department of  
Thoracic Surgery  
8631 W. 3rd St. Suite 240E  
Los Angeles, CA 90048  
Phone: (310) 423-2640  
Fax: (310) 967-0669



Lorena Layrissa Landaeta, M.D.  
Medicine  
Torrance Memorial Physician Network—PV  
602 Deep Valley Drive Suite 300  
PVP, CA 90274  
Phone: (310) 517-4692  
Fax: (310) 265-4780

# Physician/AHP Roster Updates

## Address Change

Noreen M. Hussaini, M.D.  
Medicine  
3828 Schaufele Ave. Ste 200  
Long Beach, CA 90808  
Phone: (657) 241-8990  
Fax: (714) 665-4600

Matthew R. Mejia, M.D.  
Family Practice  
Torrance Memorial Physician  
Network  
855 Manhattan Beach Blvd  
Ste 102  
Manhattan Beach, CA 90266  
Phone: (310) 939-7858  
Fax: (310) 939-7842

David J. Slutsky, M.D.  
Surgery  
Orthopedic Specialty  
Associates  
4201 Torrance Blvd Ste190  
Torrance, CA 90503  
Phone: (310) 543-2521  
Fax: (310) 543-4754

Patrick C. Yeh, M.D.  
Surgery  
3252 Sepulveda Blvd.  
Torrance, CA 90505  
Phone: (424) 378-1068  
Fax: (424) 378-1069

## Phone/Fax Change

Stephen C. Dinsmore, M.D.  
Surgery  
Phone: (310) 373-6708  
Fax: (310) 961-2032

Alexander J. Gertel, M.D.  
Surgery  
Fax: (310) 517-1348

## Suite Number Change

Olga M. Olevsky, M.D.  
Medicine  
UCLA Torrance Hematology  
and Oncology  
3445 Pacific Coast Highway  
Suite 300  
Torrance, CA 90505

The Medical Staff Newsletter **ProgressNotes** is published monthly for the Medical Staff of Torrance Memorial Medical Center.

**Vinh Cam, M.D.**  
*Chief of Staff*  
**Robin S. Camrin, CPMSM, CPCS**  
*Vice President, Medical Staff Services &  
Performance Improvement*

**Medical Staff Services**

3330 Lomita Boulevard  
Torrance, CA 90505  
Phone: (310) 517-4616  
Fax: (310) 784-8777  
www.TorranceMemorial.org



ProgressNotes Vol. 13 Issue 12 December 2021

MONTHLY  
MEDICAL  
STAFF  
NEWSLETTER

# ProgressNotes

